



**Andrea Ildikó**  
Gáspárik

DATE OF BIRTH:

## CONTACT

Nationality: Romanian

Gender: Female



## WORK EXPERIENCE

**2013 – CURRENT** – Tg Mureş, Romania

### **Lecturer ( 2013 - current)**

UMFST (University of Medicine and Pharmacy, Science and Technology G. E. Palade) Tg Mures

**2018 – 2019**

### **lecturer, University Babeş-Bolyai, Faculty of Sports and Physical Education**

**2010 – 2012**

### **Medical director**

Sighisoara County Hospital

**2008 – 2010**

### **Marketing and Communication Director**

MBT Romania

**1995 – 2000** – Bucharest

### **Marketing manager (before 1998 Product specialist and sales representative)**

Eli Lilly & co

**2000 – 2008**

### **executive director**

Romanian Association for Osteoporosis Prevention

**2008 – CURRENT**

### **President**

Romanian Association for Osteoporosis Prevention

**1991 – 1993**

### **resident physician**

Clinical Hospital of Tg Mures

**1991 – 1995**

### **Volunteer**

Rheum-Care Foundation

**1990 – 1991** – Tg. Mureş

### **Emergency service volunteer**

Emergency service (SMURD)

## EDUCATION AND TRAINING

**2012 – 2015**

### **Specialist Physician in Public Health and Health Management** MH



## LANGUAGE SKILLS

**MOTHER TONGUE(S):** Hungarian (native language)

**OTHER LANGUAGE(S):** Romanian (native language)

**German (native language)**

**Listening**  
B2

**Reading**  
B2

**Spoken  
production**  
B2

**Spoken  
interaction**  
B2

**Writing**  
B2

**English (incl. licensed medical english, Profex certificate)**

**Listening**  
C1

**Reading**  
C1

**Spoken  
production**  
C2

**Spoken  
interaction**  
C1

**Writing**  
C2

## DIGITAL SKILLS

Microsoft Office / Google Drive / Microsoft Word / Social Media /  
 Microsoft Powerpoint / Advanced Office Package

## DRIVING LICENCE

- **Driving Licence:** A1
- **Driving Licence:** B

## COMMUNICATION AND INTERPERSONAL SKILLS

- **Social skills**  
teamwork skills, honesty, integrity, responsibility, motivation

## PROJECTS

- **GRANTS**
  - Consolidation of the visibility and competitiveness of the UMFST GEP by internationalisation (UEFISCDI 2021)
  - HEALTHESSIS, Postgraduate building programme in health economics (POCU 2021)
  - UEFISCDI, 199.920 Eur CLL-CLUE (AI based clinical decision support) 2020
  - MTA, 300.000 Ft, Mobility grant Paradigm shift in elderly-care 2020
  - Syreon-UMFST, 5000EU, Evaluarea factorilor de influenta asupra incidentei fracturilor de sold osteoporotice, 2020
  - International Osteoporosis Foundation-UMFST-Aspor, 2000 CHF, The Osteoporosis Essentials: Densitometry, Diagnosis and Management international course 2019
  - Davidson College-UMFST 129.768 USD Building capacity for tobacco research in Romania; 2014

## PUBLICATIONS

### Publications, textbooks, citations

H index (Web of Science): 7

Total publications (web of science) 53; sum of times cited: 137 (133 - without self citations)

Impact factor (cumulative):12.373

- 8 books (author: 3, chapters in books: 5)
- 13 courses (el. support, in Hungarian and English languages)
- 8 practical guide (el. support, in Romanian and English languages)
- 11 in extenso articles (ISI) first author
- 26 abstracts (ISI), first author
- 27 abstracts (ISI) co-author
- 19 in extenso articles (BDI)
- 155 citations Research Gate

### Books

- Gáspárik Andrea Ildikó, Aspecte teoretice ale comunicării medic-pacient, University Press, 2020 978-973-169-635-5
- Gáspárik Andrea Ildikó, Népegészségtan fogalmak orvostanhallgatók számára, Sănătate Publică. Noțiuni pentru studenți, University Press, ISBN 978-973-169-410-8, 2015
- Gáspárik Andrea Ildiko, Buicu Florin, Ceana Daniela, Farkas Evelyn: Health management- for medical Students, University Press, 2015-course book

Chapters in books:

- Dezső Krisztina, Molnár Tamás: Semmelweis felismerésének határokát áttörő üzenete. 2020 ISBN 978-963-429-466-5) single author: 1 chapter
- Community-based interventional research to prevent adolescent smoking, 3 chapters LAP (Lambert Academic Publishing), ISBN 978-620-0-00827-5 (co-author / 6 chapters). 2019. ISBN978-620-0-00827-5
- Dezvoltarea capacității de cercetare in domeniul fumatului in România. 2018 University Press Tg Mureș. Capitolul: Prevenție comunitară pt adolescenții din diferite comunități locale
- Tatai Csilla and Kovács Réka Rozália (red) Egészségünk közös ügyünk! Edi. Scientia. 2018 ISBN 978-606-9750-18-6 (606-9750-18-7)
- Albert L.E., Albert L.M, Barna K, Bernath K, Gasparik A.I, Paulik E., Szabo B: Current challenges in social sciences Presa Universitară Clujeană. 2016. ISBN 978-606-37-0090-3 and 978-606-10-1851-2

### Web of science indexed: Articles in extenso

Main author

Gasparik AI, Demian MB, Pascanu I, Romanian Translation and Validation of the SARC-F Questionnaire, Acta Endo (Buc) 2020,

IF: 0,529

Gasparik AI, Demian MB, Pascanu I et al. Evaluation of the Hungarian-language SARC-F sarcopenia screening questionnaire, Orvosi Hetilap, 2020,

IF: 0,417

Albert E, Daniel B, Paulik E, Gasparik AI, Changes in teenage attitude and smoking behaviour after the implementation of the smoke-free law in Romania, Romanian Journal of political science, 2019,

IF: 0,313

Mihai G, Gasparik AI, Pascanu IM, Cevei M, Hutanu A, Pop RM, The influence of Visfatin, RBP-4 and insulin resistance on bone mineral density in women with treated primary osteoporosis, Aging Clinical and Experimental Research, 2019

IF: 2,957

Hodinka L, Gáspárik AI, Sarcopenia and quality of life: The validated Hungarian translation of the Sarcopenia Quality of Life (SarQoL) questionnaire, HMJ/ Orvosi Hetilap, 2018,

IF: 0,534

Albert-Lorincz E, Paulik E, Szabo B, Foley K, Gasparik AI, Adolescent smoking and the social capital of local communities in three counties in Romania ", Gaceta Sanitaria, 2018

IF: 1.314

Gasparik A.I. Mihai et al Psychometric performance of the Romanian version of the SarQoL, a health-related quality of life questionnaire for sarcopenia, Archives of Osteoporosis, 2017

IF: 2,605

Gasparik AI, Clinical setting influences patterns of interaction between osteoporosis patient and physician, Calcified Tissue International, 2014

IF: 3,704

Gasparik, A.I., Abram, Z. et al. Shortages of doctor patient communication. Teaching patients to communicate effectively, Elsevier, Procedia - Social and behavioral sciences, 2014

Gasparik AI, Vass Levente, Relation of some communication parameters to patients' education, gender and age. Teaching to communicate effectively, Elsevier, Procedia - Social and behavioral sciences, 2014,

Gasparik A, Veress EE, Gasparik AI. Educating spectators: a lifelong learning program. Elsevier, Procedia - Social and behavioral sciences, 2014

*Coauthor*

Lorentzon M. et al Algorithm for the use of biochemical markers of bone turnover in the diagnosis, assessment and follow-up of treatment for osteoporosis, Advances in Therapy, 2019

Factor de impact: 3,918

Hiligsman M. Cornelissen D, et al. Determinants, consequences and potential solutions to poor adherence to anti-osteoporosis treatment: results of an expert group meeting. Osteoporosis International 2019

IF: 3,759

Reginster JY. et al Recommendations for the conduct of clinical trial for drugs to treat or prevent sarcopenia, Aging Clinical and Experimental Research 2016

IF: 1,407

Hilgsmann M. et al A reference case for economic evaluations in osteoarthritis: An expert consensus article. Seminars in Arthritis and Rheumatism. 2014

IF: 4. 813

### **Abstracts. First Author (\*published in Web of science indexed journals)**

Self-directed ageism and physical performance among older adults, ESCEO, Abstract book, 2021 \*

Assessing ageist behaviours among young adults in Romania. Book of abstracts. University Press Vol 3. 2020

Health Technology Assessment in Osteoporosis. Pain, Joints, Spine UK 2019. Vol 9 (4) p.\*

Integrating scientific evidence, Patient Centered Care and Personalized Medicine In OP WCO IOF-ESCEO 2020,\*

Validation of the Hungarian translation of the Sarc-F questionnaire. WCO IOF-ESCEO Abstract book, 2020.\*

Psychometric properties of the Hungarian version of the Sarqol@.. WCO 2020\*

Family history influences fracture risk BMD independently, WCO, 2019\*

The impact of different types of sedentary behaviors on frailty, OI, 2019, 7th Asia-Pacific OPC Sydney\*

Cross-cultural adaptation of the SarQol quest, Krakow, 2019,\*

The Semmelweis Paradigm. Innovation acceptance., MTA 2018

Individ.Care: Patient centered Care vs Personalised Care, RR Med. lab. 2018

The impact of different types of sedentary behaviors on frailty, Regional Meeting IOF, Australia

Cross Cultural Adaptation Of The Sarqol Questionnaire Into Hungarian Language, OI, 2018

Validation of the Romanian Sarqol Questionnaire, Osteoporosis International, 2018, S 458,

Access, utilisation and costs of health services among Romanian osteoporosis patients 1NS42, OI, 28, 2017

Discriminative power of Romanian version of sarqol questionnaire: preliminary results, Florence ESCEO, OI, 2017,

Sarcopenia and regular exercise. Does it matter? Acta Medica Marisiensis, 2017,

Gender differences in patient involvement in osteoporosis care, OI. 2016

Who drains more?, Transylvanian Museum Society-Medical and Pharmaceutical Branch, 2016.

Rural patients: less fragile? 3<sup>rd</sup> Middle East and Africa Osteoporosis Meeting, Abu Dhabi, OI. 2015

Influence of urban and rural residency on frax values, OI, 2015

Correlation between school performance and smoking prevalence, UMF Staff Conference, 2015

Differences in prevalence of tobacco use among adolescents in Romania – a comparison between Romanian and Hungarian ethnic groups, VI-th Nat Tabacology Conf „Women`s role in limitation of smoking ” 2015

Lifestyle risk and medication issues discussed with osteoporosis patients, Osteoporosis International, 2014, OC

Correlation between age, education, and gender of osteoporotic patients and their engagement to communicate, Osteoporosis International, 2013

Structure and particularities of doctor and osteoporosis-patient interaction ..OI

Doctor-patient interaction, patient`s perceived well-being and medication concordance, OI

How does quality of patient-physician communication affect persistence of treatment, OI

Comparison of BMD values of high dose milk consumers versus non-regular milk consumers, OI

Risk factors for OP in Postmenopausal women from urban versus rural areas in North Western Romania, OI

The Impact of different osteoporosis risk factors, their ability to influence BMD changes, OI

Effects of dairy consumption on BMD values, OI